**INTEGRATED LEADERSHIP**

**OVERVIEW**

**AUGUST 2017**

**Objectives**

* To think about your life holistically
* To create a plan that moves you towards *integrated* success in all domains of your life

**PROCESS**

1. Intake – web-based form to get to know you.
2. Pre-work Workbook
3. Onsite Day & Workbook
4. Follow Up & Success Plan Creation

**WHY DO THIS?**

1. **GET INTENTIONAL WITH YOUR RELATIONSHIPS.** There is a wealth of research about the impact our relationships have on our success and overall enjoyment of life. We want to help you map the people in your life and invite you to consider which relationships need to play a more significant role in your life, which need to be redefined, and when need to be central.
2. **CLARIFY YOUR KEY ROLES.** What are the roles you play in your life? What are the roles you play at work? Use this exercise to identify the most important 4-6 roles you play during this season of your life.
3. **CORE LIFE DOMAINS INVENTORY.** There are some very core domains of life we must tend to in order to live a life of sustainable impact. Use the following grid to help map what you want your future to look like in these areas, as well as what you need to do next.
4. **LEARN FROM THE STORY YOUR LIFE IS TELLING.** Everyone has a story. The Professional Formation Exercise is meant to help structure the telling of your story in a way that may reveal themes and insights into your ongoing development.

**WHAT IS THE DAY TOGETHER?**

Every one of these ends up being a little bit different, but in general we’ll do this:

* **Check-In**: Just as it sounds - connect, chat, frame the day.
* **Complete the Formation Exercise**: Work through the rest of this process. This can require some energy and emotion, so we start here.
* **Advance your Core Domains** clarity: Building on the pre-work, we’ll outline your future reality and practical next steps to get there.
* **Ensure you're Productive (in the ways you want) in your Key Roles**: Using your 4-6 roles, we’ll map what you need to do to fulfill those roles.
* **Get intentional about your Relationships**: This one is a lot of fun. We will take your list and turn it into a simple yet powerful plan to increase your life satisfaction and relationship health.
* **Draft an Integrated Success Plan**: All of your work will translate into an Integrated Success Plan. We’ll make sure we’ve got all the ingredients for this. Additionally, we will send you home with a some Post-Work.
* **Set the Framework for Ongoing Work**: We suggest 6 follow-up coaching sessions after the Integrated Leadership Onsite Day.